

Ingredients List Year 7P3 Summer Term 2015

Mr Wolfe

Remember to bring a container to take them home.

24th April – Friday – Cheese on toast

1 slice of bread
1 slice of ham
1 chopped tomato (optional)
1 slice of cheese or 50g grated cheese

27th April – Monday – Fruit crumble

1 tin pie filling
150g flour
75g BLOCK margarine
75g sugar

6th May – Wednesday – Rock Cakes

200g Self Raising Flour
75g dried fruit
75g BLOCK margarine
75g sugar
1 egg

8th May – Friday – Scones

200g SR flour
50g BLOCK margarine
1 egg
125ml milk
25g sugar
Optional – 75g dried fruit, cherries, choc chip.

11th May – Monday – Healthy Muffins

280g plain flour
2 tsp baking powder
125g caster sugar
2 eggs
250ml milk
6 tbsps sunflower oil
1 tsp vanilla essence
12 muffin cases
175g of chosen fillings

20th May – Wednesday – Treat Muffins

280g plain flour
2 tsp baking powder
125g caster sugar
2 eggs
250ml milk
6 tbsps sunflower oil
1 tsp vanilla essence
12 muffin cases
175g of chosen fillings